TRANSITION BEHAVIOR SCALE THIRD EDITION (TBS-3)

Stephen B. McCarney, Ed.D. Tamara J. Arthaud, Ph.D.

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The *Transition Behavior Scale-Third Edition* (**TBS-3**) is a standardized, educationally relevant measure of predicted success in employment and independent living. Areas of concern identified by the **TBS-3** can be incorporated in the development of the individualized transition plan.

The TBS-3 measures behavioral characteristics in the areas of

- Work Related,
- Interpersonal Relations, and
- Social/Community Expectations.

During the initial development, the **TBS-3** item pool received meticulous review by educational diagnosticians, guidance counselors, educational personnel, and employers which resulted in the 62 items included on the scale. The **TBS-3** is available in two versions: School Version, a reporting form for educators, and Self-Report Version, a reporting form for students 12-18 years of age.

The *Transition Behavior Scale-Third Edition School Version* (**TBS-3 SV**) was standardized on 1,967 students. Demographic characteristics of the standardization population closely approximated national percentages for gender, ethnicity, residence, geographic area, and parental occupation.

Internal consistency of the **TBS-3 SV**, utilizing the coefficient *alpha* formula (Cronbach, 1951), was .94 for the total score. Test-retest reliability yielded correlation coefficients exceeding .72 for each of the three subscales. Inter-rater reliability was .75 for the total score. Content validity was established through the initial development process. The **TBS-3 SV** was compared to the *Adaptive Behavior Evaluation Scale-Revised Second Edition: 13-18 Years* (McCarney & Arthaud, 2006), and the *Adaptive Behavior Scale-School Second Edition* (ABS-S:2) (Lambert, Nihira, & Leland, 1993) as measures of criterion-related validity. All correlations were significant at the p < .001 level.

Both versions of the **TBS-3** use frequency-referenced quantifiers. Each item on the School Version is rated on a sixpoint scale of (0) Is Not Developmentally Appropriate For the Student's Age Group, (1) Does Not Demonstrate the Behavior or Skill, (2) Developing the Behavior or Skill, (3) Demonstrates the Behavior or Skill Inconsistently, (4) Demonstrates the Behavior or Skill Most of the Time, and (5) Demonstrates the Behavior or Skill at All times (Consistently). Following administration, six types of scores are obtained: frequency rating for each item (reflecting the frequency and severity of the behavior), subscale raw score (the sum of the frequency ratings), subscale standard score (a consistent basis for comparing students), total score quotient (a global index of predicted success in employment and societal transition), and a total score percentile (another global index of predicted success). The **TBS-3** takes approximately 15 to 20 minutes to complete and can be completed by anyone familiar with the student: the classroom teacher, clinical personnel, other school personnel, or the parent/guardian.

The **TBS-3** complete kit consists of the *Transition Behavior Scale-Third Edition School* and *Self-Report Version Rating Forms, Transition Behavior Scale-Third Edition School Version Technical Manual, Transition Behavior Scale-Third Edition Self-Report Version Technical Manual, and the <i>Transition Behavior Scale IEP and Intervention Manual*. The *Transition Behavior Scale IEP and Intervention Manual* includes goals, objectives, and intervention strategies for the behaviors on the scale. By carefully following assessment results with intervention, the likelihood of student success in employment and independent living is maximized.

Research has proven that behavior exhibited in school/educational situations is the most reliable source of information in predicting success in employment and societal transition. The *Transition Behavior Scale-Third Edition* is a valid and reliable resource for screening students involved in transition.



SCHOOL VERSION RATING FORM

Stephen B. McCarney

COVER SHEET

RATING GUIDELINES

- The student should be rated by educational personnel with primary observational opportunities who work directly with the student during instructional situations.
- Ratings should be made conservatively. Choose the quantifier that accurately and objectively represents the student's performance of the behavior.
- If the rater does not have first-hand knowledge and is unsure how to rate an item, it is appropriate for the rater to consult with other personnel to get information about the student's ability in order to complete a rating of the student's skills.
- The rater should rely on his/her observation of the student's behavior as it occurs naturally in the educational environment.
- It is not necessary for the rater to complete the rating in one day. Several days may elapse before the rater is able to complete the scale.
- It is recommended that the rater read each quantifier with the item before rating the item. Using item 1 as an example, the rater would first read, "Is not developmentally appropriate to attempt new assignments," then "Does not attempt new assignments," "Developing attempting new assignments inconsistently," "Demonstrates attempting new assignments most of the time," and finally "Demonstrates attempting new assignments at all times (consistently)."
- If the behavior or skill is developmentally beyond what is expected of the student's age group, the rating should be
 0

IS NOT DEVELOPMENTALLY APPROPRIATE FOR THE STUDENT'S AGE GROUP. If the student does not possess the behavior or skill, or does not demonstrate the behavior or skill, the rating should be

DOES NOT DEMONSTRATE THE BEHAVIOR OR SKILL.

 If the student is beginning to develop or demonstrate the behavior or skill but has not yet mastered it, the rating should be

DEVELOPING THE BEHAVIOR OR SKILL.

 If the student has developed the behavior or skill but does not demonstrate it on a regular basis, the rating should be

> DEMONSTRATES THE BEHAVIOR OR SKILL INCONSISTENTLY.

 If the student has the ability to demonstrate the behavior or skill and performs it successfully except in a few instances, the rating should be

> [4] DEMONSTRATES THE BEHAVIOR OR SKILL MOST OF THE TIME.

 If the student consistently demonstrates the behavior or skill successfully in all situations, the rating should be

> DEMONSTRATES THE BEHAVIOR OR SKILL AT ALL TIMES (CONSISTENTLY).

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H A W T H O R N E Phone: (800) 542-1673 FAX: (800) 442-9509 www.hawthorne-ed.com

			Rate the student us must be rated. Do				
DEVELO APPROI THE S	S NOT PMENTALLY PRIATE FOR TUDENT'S GROUP	DOES NOT DEMONSTRATE THE BEHAVIOR OR SKILL	DEVELOPING THE BEHAVIOR OR SKILL	THE BEH SK INCONS	STRATES AVIOR OR CILL ISTENTLY 3	DEMONSTRATES THE BEHAVIOR OR SKILL MOST OF THE TIME 4	DEMONSTRATES THE BEHAVIOR OR SKILL AT ALL TIMES (CONSISTENTLY)
				L	<u>-</u>		
5 1.	Attempts ne	WORK RELATED ew assignments		5 17.		zed (e.g., uses time terials, has good w	
5 2.	Begins assig	gnments after receiv s, etc.	ving directions,	4 18.	ls depend to work, e		ne, prepared, ready
4 3.	Completes a period	assignments within a	a specified time	4 19.	tions (e.g		e absence of direc- e action rather than d judgment, etc.)
4 4.	Completes a accuracy	assignments with at	least minimal	5 20.		ndent (e.g., can wo on, with limited end	
4 5.		the required number period of time	r of assignments	5 21.		ates problem-solvi ul. finds alternative	ng skills (e.g., is e ways to deal with
5 6.	(e.g., works	e productive in a gro s at a table with seve	eral peers,	<i>4</i> 22.	situations	s, etc.)	
4 7.	Uses time o	desk with peers near outside of class appro omework assignmen	opriately (e.g.		Is persist	ent in seeking succ k or activity until s	
5 8.	Responds a	ppropriately to redir tions (e.g., corrects	rection in aca	<i>4</i> 24.	(e.g., lear		
5 9.		opriate use of free t es with peers, etc.)	ime (e.g., stud-	<i>4</i> 25.	etc.		sponsibilities, tasks,
4 10.		tten directions (e.g.	, from teachers,	110	Raw Scor	-	
	principals, e	etc.)				RPERSONAL RELA	
		ary materials for spe		<i>5</i> 26.	exchange	appropriately to ty s with peers (e.g., brushed against, et	being bumped,
		n-task for the require	-	5 27.		appropriately to fr me calling, sarcast	iendly teasing (e.g., ic remarks, etc.)
	difficulty (e	e.g., can stop one act its materials away a	ivity and begin	5 28.	Cares for clothing,	personal appearant etc.)	ce (e.g., grooming,
5 14.	Demonstrat	tes short-term memory - and three-step dire		4 29.		ates the ability to r g., discusses, reaso	esolve conflict situ- ns, compromises,
4 15.	Follows dire	ections without requ	liring repetition,	4 30.	Participat sports, clu	es in extracurricula ubs, etc.)	ar activities (e.g.,
<i>4</i> 16.	Makes resp	onsible decisions on common sense, logic		5 31.		appropriately in cla (e.g., gets involved etc.)	

DEVELO APPROF THE S	S NOT PMENTALLY PRIATE FOR TUDENT'S GROUP	DOES NOT DEMONSTRATE THE BEHAVIOR OR SKILL 1	DEVELOPING THE BEHAVIOR OR SKILL 2	THE BEH SK INCONS	STRATES AVIOR OR IILL ISTENTLY 3	DEMONSTRATES THE BEHAVIOR OR SKILL MOST OF THE TIME 4	DEMONSTRATES THE BEHAVIOR OR SKILL AT ALL TIMES (CONSISTENTLY)
5 10.		unication skills to m al relationships with		5 24.		rates appropriate be oup setting	ehavior in an aca-
5 11.		es appropriate hygi clothing, washes ha dor. etc.)		5 25.		appropriately in the g., instructor is deta	
5 12.	Can be relie peers (e.g.,	ed upon to work coop shares materials, he		<i>4</i> 26.	situations	appropriately to re s (e.g., when asked ove on to class, etc.	to be quiet, when
5 13.		opropriately with a p		4 27.	Follows v principals	erbal directions (e. s, etc.)	g., from teachers,
	academic si etc.)	tuations (e.g., free t	time, cafeteria,	4 28.	Comes to	an activity at the s	pecified time
<i>4</i> 14.	Demonstrat petitive acti	es appropriate beha ivities	avior in com-	4 29.	Is in atte given	ndance unless legiti	mate reason is
4 15.		unication skills to m rsonal relationships		4 30.	Waits app superviso	propriately for assis	tance from a
<i>3</i> 16.	Adjusts eas with individ	ily to new situations luals he/she does no v surroundings, etc.)	ot know, ad-	4 31.	presence another t	rates appropriate be of a substitute auth eacher in the buildi bstitute teacher, et	nority figure (e.g., ng, substitute bus
<i>4</i> 17.	Demonstrat	es stability (e.g., ma	aintains consis-	5 32.	Demonst	rates the ability to f	ollow a routine
	tions, etc.)	ns of acceptable beh	Vers	4 33.		hange in an establi schedule)	shed routine (e.g.,
<i>4</i> 18.	Demonstrat groups (e.g. responsibili	es loyalty to friends ., is dependable, par ty, etc.)	and organized ticipates, takes	5 34.		ates appropriate use (e.g., supplies and e	
67	Raw Score			5 35.	Demonsti others' pr	rates appropriate ca operty	are and handling of
_	SOCIAL/CO	OMMUNITY EXPECT	ATIONS	5 36.		ehavior to expectat	
<u>5</u> 19.	Is responsit property	ole for appropriate c	are of personal		situations		semblies, cafeteria,
5 20.	Responds a (e.g., bells,	ppropriately to envi signs, etc.)	ronmental cues			(e.g., does not che	·
21		assigned area for th	e specified	<i>5</i> 38.	Uses supp machiner	olies or operates eq y safely	uipment and
(4) 2 ···	-	(e.g., classroom, bu	-	5 39.	Does not school	possess or use drug	js or alcohol at
4 22.	Follows the	rules of the classroo	om	<i>3</i> 40.		-	control temper (e.g.,
5 23.		es appropriate beha				strated, angry, etc.)	bhysical aggression
	cafeteria, lil	ettings (e.g., hallway brary, etc.)	ys, restrooms,	99	Raw Scor	е	

SCHOOL VERSION RATING FORM

Stephen B. McCarney



Name of	1 1		7		SUMI	MARY OF SC	ORES	
student: <u>Am</u> School: <u>Mia</u>	lvale Hig	h School	_ Gender: _ 7	Subscales		Raw Score	Standard Score (Appendix A)	Standard Score SEM (Appendix C)
DAA.	<u>ial Studi</u> Ivale	es	_ Grade: <u>8</u> State: P 4	Work Related		110	12	.78
City:	vale		_ State: <u>P</u>	Interpersonal I	Relations	67	12	1.44
Date of rating:	<u>2011</u> (year)	<u>12</u> (month)	<u>15</u> (day)	Social/Commu Expectations		99	11	1.06
Date of birth:	1997	10	15		1	OTAL SCOR	E	
Age at rating:	(year) <i>14</i>	(month) 	(day) 0	Sum of Subscale SS	Quotient (Appendix B)	Percentile (Appendix B)	Quotient SEM (Appendix C)	Confidence Interval
	(years)	(months)	(days)	35	108	71	3.42	95 %

		SUBSCALES	S				
Standard Scores	Work Related	Interpersonal Relations	Social/Community Expectations	Quotients	Quotient	Percentiles	Percentile Rank
20	•	•	•	150	•	<u>></u> 99	•
19	•	•	•	145	•	95	•
18	•	•	•	140	•	90	•
17	•	•	•	135	•	85	•
16	•	•	•	130	•	80	•
15	•	•	•	125	•	75	•
14	•	•	•	120	•	70	x
13	•	•	•	115	•	65	•
12	X	*	•	110	X	60	•
11	•	•	- A	105	л •	55	•
10			-	100	—	50	→
9	•	•	•	95	•	45	•
8	•	•	•	90	•	40	•
7	•	•	•	85	•	35	•
6	•	•	•	80	•	30	•
5	•	•	•	75	•	25	•
4	•	•	•	70	•	20	•
3	•	•	•	65	•	15	•
2	•	•	•	60	•	10	•
1	•	•	•	55	•	5	•
				50	•	<u><</u> 1	•

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SELF-REPORT VERSION RATING FORM

Stephen B. McCarney



RATING GUIDELINES

- The rater should rate his/her behavior as the behavior/skill occurs naturally in the home and school environments.
- The rater should rate himself/herself using the quantifiers (0-4) provided. Do not leave any boxes blank.
- Adults in the school setting can assist the rater with reading items and understanding quantifiers. However, they should not try to influence a rater's ratings.
- It is not necessary for the rater to complete the rating in one day. Several days may elapse before the rating is completed.
- It is recommended that the rater read each quantifier with the item before rating the item. Using item 1 as an example, the rater would first read, "I do not try to do work that is new to me," then "I am developing trying to do work that is new to me," "I try inconsistently to do work that is new to me," "I try most of the time to do work that is new to me," and finally "I try at all times to do work that is new to me (consistently)."
- If the rater does not possess the behavior or skill, or does not demonstrate the behavior or skill, the rating should be



• If the rater is beginning to develop or demonstrate the behavior or skill but has not yet mastered it, the rating should be

 1

 DEVELOPING THE BEHAVIOR OR SKILL.

• If the rater has developed the behavior or skill but does not demonstrate it on a regular basis, the rating should be



• If the rater has the ability to demonstrate the behavior or skill and performs it successfully except in a few instances, the rating should be

3

DEMONSTRATE THE BEHAVIOR OR SKILL MOST OF THE TIME.

• If the rater consistently demonstrates the behavior or skill successfully in all situations, the rating should be

E

DEMONSTRATE THE BEHAVIOR OR SKILL AT ALL TIMES (CONSISTENTLY).

4

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					ntifiers (0-4) provided. any boxes blank.	
	DO NOT EMONSTRATE HE BEHAVIOR OR SKILL	DEVELOPING THE BEHAVIOR OR SKILL	DEMON THE BEHA SKI INCONSI	VIOR OR	SKILL MOST OF S	DEMONSTRATE THE BEHAVIOR OR KILL AT ALL TIMES (CONSISTENTLY)
	0	1	2	2	3	4
		WORK RELATED				
4	1. I try to do	work that is new to me		<i>3</i> 18.	I get started on things I am without someone telling me	
3		king on assignments after I directions, instructions, etc		_	busy rather than doing noth choices, etc.)	
3	3. My work is done	finished when it is suppose	ed to be	4 19.	I can work by myself (e.g., c without supervision, with lin ment, etc.)	
4	4. I get a pas	sing grade on the work I fin	iish	4 20.	I figure out ways to solve pr different ways to deal with s	
4	close to m	y work when I have other p e (e.g., work at a table with	several	3 21.	I pay attention	
2	-	k at a desk with peers neark aste my time when I am not		<i>3</i> 22.	I will keep working on a tasl have finished it successfully	k or activity until I
6		omework, study, etc.)		3 23.	I do not blame others for thi (e.g., learn from mistakes, a	ngs I have done
3		et upset when I am told/ask mething in school (e.g., corr gnment)		3 24.	etc.) am willing to take on extra tasks, etc.	
4	8. I do not waw want to do	aste time when I can choose	e what I		Raw Score	
3		rections that have been writ teachers, principals, etc.)	tten down		INTERPERSONAL RELA	TIONS
31	0. I make sur activities	e I have everything I need f	for all my	3 25.	I do not get upset or angry v dentally bump, touch, or bru	
	-	king until it is time to stop one activity and start anoth	or one	3 26.	I do not get upset or angry a (e.g., jokes, sarcastic remar	
	without a l and begin	problem (e.g., can stop one another, put materials away nother activity, etc.)	activity	3 27.	etc.) I care about the way I look (wear clean clothing, etc.)	(e.g., comb hair,
2 1		w two or three-step directio for the directions to be repe		3 28.	I figure out ways for others they are upset (e.g., discuss mise, etc.)	
21		rections without needing the explained, etc.	em to be	4 29.	I join in activities outside th sports, clubs, etc.)	e classroom (e.g.,
	mon sense	od choices by myself (e.g., u , logic, etc.)		3 30.	I get along well with others activities (e.g., get involved ects, etc.)	
1		nized (e.g., have a place for t ste time, have good work ha		<i>3</i> 31.	I keep friends by talking kin	dly to them
<i>3</i> 1	supposed	ings I am supposed to do w to do them (e.g., in attendar ared, ready to work, etc.)		4 32.	I keep myself clean (e.g., cle and hair; free of body odor; when appropriate; etc.)	

DEN THE	DO NOT IONSTRATE BEHAVIOR DR SKILL	DEVELOPING THE BEHAVIOR OR SKILL	THE BEH/ SK	ISTRATE AVIOR OR ILL ISTENTLY	DEMONSTRATE THE BEHAVIOR OR SKILL MOST OF THE TIME	DEMONSTRATE THE BEHAVIOR OR SKILL AT ALL TIMES (CONSISTENTLY)
	0	1		2	3	4
3 10.		mates know I am easy classroom (e.g., share d. etc.)		3 23.	I do not act up when the not around	person in charge is
4 11.	I get along with	others outside of the c ime, cafeteria, etc.)	class-	<u></u> 324.	I do not get upset when change my behavior outs be quiet, move on to class	side the classroom (e.g.,
<i>3</i> 12.	I am a good spor	t in competitive activi	ties	<i>3</i> 25.	I do what I am told to do)
3 13.	• •	ully when talking to te	achers	3 26.	I am not late	
	and other adults			4 27.	I do not play hooky from	school or work
<u>3</u> 14.	• •	et in new situations (e duals I do not know, a is, etc.)	•	3 28.	I wait quietly for help fro supervisor	om my teacher or
3 15.	I am well-behave others	ed and not easily upse	t by	3 29.	I do not act up when the teacher, supervisor, etc.	re is a substitute
4 16.		d and group member participate, take respo	nsihil.		I do not get upset when	
	Raw Score	JNITY EXPECTATIONS	eprt	4 32.	I take care of school mate equipment)	erials (e.g., supplies and
4 17.	I take care of thi bike, car, phone,	ngs that belong to me etc.)	(e.g.,	4 33.	I take good care of thing people.	s that belong to other
3 18.		rections given by signs Ils, sirens, "Don't Wall		3 34.	I can change my behavio tions (e.g., classroom/jo church, etc.)	
2 19.		ive been told to stay u g., classroom, building		3 35.	I am honest (e.g., do not	cheat or steal)
<i>3</i> 20.	I follow the rules	of the classroom		4 36.	I am careful when using ment (i.e., safe)	supplies or equip-
		ed outside the classro	om	4 37.	I do not have or use drug	js or alcohol at school
		stroom, cafeteria, libr		3 38.	I can control my temper (ful words or harm others	
<i>3</i> 22.	I behave when I activities	am in a group during	school		etc.) Raw Score	

SELF-REPORT VERSION RATING FORM

Stephen B. McCarney PROFILE SHEET

Name: <u>7homa</u>	as Andre	<u>ws</u> Geno	ler: <u>M</u>
School: Midu	ale High	School Gra	de: <u>11</u>
City: <u><i>Midvall</i></u>	e	Sta	ite: <u>PA</u>
Date of rating:	2011	12	15
-	(year)	(month)	(day)
Date of birth:	1994	7	15
	(year)	(month)	(day)
Age at rating:	17	5	0
5 5	(years)	(months)	(days)

SUMMARY OF SCORES								
Subscales	Raw Score	Standard Score (Appendix A)	Standard Score SEM (Appendix C)					
Work Related	73	10						
Interpersonal Relations	49	11						
Social/Community Expectations	68	10						

TOTAL SCORE								
Sum of Subscale SS	Quotient (Appendix B)	Percentile (Appendix B)	Quotient SEM (Appendix C)	Confidence Interval				
31	103	60		99 %				

		SUBSCALE	S				
Standard Scores	Work Related	Interpersonal Relations	Social/Community Expectations	Quotients	Quotient	Percentiles	Percentile Rank
20	•	•	•	150	•	<u>></u> 99	•
19	•	•	•	145	•	95	•
18	•	•	•	140	•	90	•
17	•	•	•	135	•	85	•
16	•	•	•	130	•	80	•
15	•	•	•	125	•	75	•
14	•	•	•	120	•	70	•
13	•	•	•	115	•	65	•
12	•	•	•	110	•	60	Я
11	•	X	•	105	a.	55	•
10	*	<u> </u>	*	100	江	50	-
9	•	•	•	95	•	45	•
8	•	•	•	90	•	40	•
7	•	•	•	85	•	35	•
6	•	•	•	80	•	30	•
5	•	•	•	75	•	25	•
4	•	•	•	70	•	20	•
3	•	•	•	65	•	15	•
2	•	•	•	60	•	10	•
1	•	•	•	55	•	5	•
				50	•	<u><</u> 1	•

Important: Before using this scale, read the section titled Rating Guidelines on page one.

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III. Goals, Objectives, and Interventions

1 Attempts new assignments

Goal:

1. The student will attempt new assignments.

Objectives:

- 1. The student will attempt new assignments/activities with physical assistance on _____ out of _____ trials.
- 2. The student will attempt new assignments/activities with verbal prompts on _____ out of _____ trials.
- 3. The student will attempt new assignments/activities with peer assistance on _____ out of _____ trials.
- 4. The student will independently attempt new assignments/activities on _____ out of _____ trials.
- 5. The student will attempt new assignments/activities within _____ (indicate a given time period).

Interventions:

1. Present the task in the most interesting, attractive manner possible.

2. Maintain mobility to provide assistance for the student.

3. Structure time units so the student knows exactly how long he/she has to work and when the work must be finished.

4. Provide the student with none than enough time to finish an activity. As the student demonstrates success, decrease the amount of time given to finish an activity.

5. Give directions in a variety of ways to increase the probability of understanding (e.g., if the student fails to understand verbal directions, present them in written form).

6. Have the student repeat the directions verbally to the teacher.

7. Give a signal (e.g., clapping hands, turning lights off and on, etc.) before giving verbal directions.

8. Provide the student with a predetermined signal when he/she is not beginning a task (e.g., verbal cue, hand signal, etc.).

9. Tell the student that directions will only be given once.

10. Rewrite directions at a lower reading level.

11. Deliver simple, verbal directions.

12. Help the student with the first few items on a task. Gradually reduce the amount of ashen distance over time.

13. Follow a less desirable task with a highly desirable task; make the completion of the first task necessary to perform the second.

14. Provide the student with shorter tasks given more frequently.

15. Provide the student with a schedule of daily events so he/she knows exactly what and how much there is to do in a day.

16. Prevent the student from becoming overstimulated by an activity (e.g., frustrated, angry, etc.).

17. Specify exactly what is to be done for the completion of a task (e.g., make definite starting and stopping points, identify a minimum requirement, etc.)

18. Require the student to begin each assignment within a specified period of time (e.g., three minutes, five minutes, etc.).